

XTC Trichology Products: A Step-By-Step Guide

Please review the following instructions for using your new products. If you have any questions or concerns, **please ask!**



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We Want You To Love Your New XTC Trichology Products!

Scalp Prep

Ensure hair and scalp are dry. Utilize the glue top applicator on Scalp Prep for a seamless application. Part hair with a central parting from the forehead to the neckline. Generously apply Scalp Prep along the parting. Repeat the process on each side of the hair, approximately 1 ½ to 2" above the ear. Gently massage the entire scalp with fingertips (pads, not fingernails) in tiny circular motions. Allow the product to sit for 10-15 minutes (up to 30 minutes for extreme build-up, dryness, itchiness, dandruff, or oily scalp). Use every 3 to 4 days, and on non-shampoo days, wipe off excess with a towel. If using a topical afterward, ensure it's completely dry.

Bio-Cure Shampoo

Wet hair and apply a quarter-size dollop of Bio-Cure Shampoo to the scalp and hair. Gently work fingers through the hair and use finger pads (not nails) to massage lightly in moderate circular motions for 3-5 minutes. Rinse with warm water; repeat if needed. Sebum build-up may indicate the need for additional rounds.

Nourish + Conditioner

Apply a quarter-size dollop directly to the scalp. Use finger pads to massage in circular motions for 3-5 minutes, progressing from the nape of the neck to the front hairline. Apply another dollop to ends, comb through gently with a wide-toothed comb, rake, or fingers. Rinse thoroughly with cool water. Avoid rubbing dry with a towel; instead, squeeze excess water and blot dry. Use a microfiber towel for best results.

DermaRoller

Sanitize roller with a 70% alcohol solution for at least 30 seconds before each use. Part hair to expose the scalp in sections. Roll vertically with gentle pressure, avoiding sensitive areas. Repeat horizontally and diagonally. Apply topical (Boost, Growth Factors, or Growth Therapy) afterward.

Continued on the next page...

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Topicals (Boost, Growth Factors, or Growth Therapy)

Part hair to expose the scalp; apply the growth factor solution, focusing on thinning or hair loss areas. Gently massage for even distribution. If using two topicals, apply one in the AM and the other in the PM. Do not skip days; apply when brushing teeth. Wait 4 hours before applying anything else to the scalp.

DHT Inhibitor

Take 2 times per day with food. Crush and mix with food or take with water. If fasting, take one when starting to eat and one when stopping. For those with a small eating window, take both at the same time. Contact kris@kbella-hairstudio.com for questions or concerns.

Remember to book your laser treatments and scopes!



Kristan Sayers

- Owner, K Bella
- Hair Loss Practitioner
- Master Stylist
- International Educator



For the most up-to-date version of these instructions, please visit:
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